



**SILKSTONE™**

**CACOA COMPARISON DATA SHEET**

**220KM Inc. / SilkStone™**  
475 Cochrane Dr. Unit #13  
Markham, ON | L3R 9R4  
[www.220kminc.com](http://www.220kminc.com)

**COCOA POWDER INGREDIENT COMPARISON**

Ingredient	Raw Cacao Bean (including shells) Silk Stone Powder	
Composition	100%	
Origin	Processed in Canada	
US Sieve Size ( <b>SSP</b> )	40 – 80 USD	Auto Sieve Shaker

**NUTRIENT PROFILE**

Parameter	Commercially Available Cocoa Powder	SSP Cacao Powder
<b>Methylxanthine Profile</b>		
Caffeine	0.1%	1,680 ppm
Theobromine	2%	11,600 ppm
Theophylline	N/A	<50.0 ppm
<b>Tannins</b>		
Tannins, as Tannic acid	N/A	5.470%
<b>Oil Content</b>		
<b>Oil Content</b>	<b>22.5% (Fat)</b>	<b>46.70%</b>
<b>Protein</b>		
Protein	19.4%	14.00%
<b>Flavonoids</b>		
Quercetin	N/A	70.5 µg/g
Luteolin	N/A	13.6 µg/g
<b>Catechins</b>		
Total Reported Catechins	N/A	1,060 µg/g
<b>Fibre</b>		
Soluble Dietary Fibre	3.8%	3.2%
Insoluble Dietary Fibre	23.2%	26.6%
Hemicellulose	N/A	6.9%
Fibre, Acid Detergent	N/A	12.8%
Fibre, Neutral Detergent	N/A	19.7%
Lignin	N/A	9.2%
Cellulose	N/A	3.6%